

LUNCH IN FRETTA

IL PRANZO

\$17

Includes choice of lunch salad and one main

INSALATA

Insalata Cesare
with croutons, bacon, parmigiano reggiano, lemon,
extra-virgin olive oil

or
Organic mixed greens
with cherry tomatoes, lemon, extra-virgin olive oil

MAIN

PASTA

Penne arrabiata - tomato, hot chillies + garlic

Penne in pink vodka cream sauce with pancetta

Rigatoni in traditional Bolognese meat sauce + parmigiano reggiano

Fusilli with chicken + mushrooms in a light cream sauce

Spaghetti carbonara - pancetta, egg yolk, parmigiano reggiano

PIZZA

**Pizza are stone baked made with fresh homemade
dough and sauces**

Margherita
Tomato, mozzarella, basil

da Napoli
Tomato chunks, mozzarella, grana padano, garlic, oregano

Quattro Stagioni
Tomato, mozzarella, olives, 1/4 red peppers, 1/4 mushrooms,
1/4 eggplant, 1/4 zucchini

Americana
Tomato, mozzarella, pepperoni, mushroom, green peppers

San Giorgio
Tomato, mozzarella, spicy soppressata, black olives

SECONDI

\$17

SEARED AHI TUNA

Green beans, arugula, roasted red pepper, grape + black olive salsa

CRISPY TROUT

baby summer squash, cherry tomato, fava ragu
brown butter, lemon caper sauce

FRESH ATLANTIC SALMON

grilled asparagus, fennel + orange salad

POLLO MATTONE

Roasted free range chicken, rosemary, sauteed spinach,
roasted potatoes

INSALATA GRANDE

\$12

INSALATA CESARE WITH GRILLED CHICKEN

croutons, bacon, parmigiano reggiano, lemon, extra-virgin olive oil

ORGANIC MIXED GREENS WITH SAUTÉED SHRIMP

cherry tomatoes, lemon, extra-virgin olive oil

ARUGULA WITH PROSCIUTTO DI PARMA

shaved parmigiano reggiano, red wine vinegar, extra-virgin olive oil

SPINACH SALAD WITH ORANGE + DRIED FIG

pine nuts, cranberries, brie, capellini crisps, strawberry vinaigrette

PANINI OR GRILLED FLAT BREAD

\$10

**Baked fresh in our stone-oven
Served with mixed greens**

ITALIAN CLUB

Sliced chicken breast, crispy pancetta, tomato, spinach, pesto aioli

WARM VEG

Baked eggplant, tomato, fior di latte, basil, balsamic drizzle

PROSCIUTTO

Prosciutto di Parma, brie, arugula, lemon dressing

CHICKEN PARMIGIANA

Tomato sauce, mozzarella, basil leaves

BISTECCA

Grilled 6oz New York steak, sautéed red onions, fontina, arugula